

CATEGORY D

Exit and Freefall Date _____ I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/I _____
 Spot. and A/C Date _____ C/I _____

Adv. Criteria C/I Sign Lic.#

- Solo exit, stable w/in 5 secs.

- 90-degree FF turns w/in 20 degrees (4)
 (1) _____
 (2) _____
 (3) _____
 (4) _____
- 180-degree FF turns w/in 45 degrees (2)
 (1) _____
 (2) _____

- 360-degree FF turns w/in 45 degrees (2)
 (1) _____
 (2) _____
- 90-degree rear riser turns with brakes set (2)
 (1) _____
 (2) _____
- 90-degree rear riser turns with brakes released (2)
 (1) _____
 (2) _____
- 180-degree rear riser turn with brakes released

- 360-degree rear riser turn with brakes released

- Stand-up landing _____
- Land w/in 50m (asst.) _____
- Operate AAD _____
- Observe jump run _____
- Category quiz Date _____

Note:

Prior to freefall self-supervision (typically after the first jump in Category E), all students must meet the standards listed in the USPA BSRs. Clearance to freefall self-supervision requires the endorsement of an appropriately rated USPA Instructor (signature in logbook). Under the supervision of a USPA Instructor, a USPA Coach may train only the freefall portions of Categories E-H.

CATEGORY E

Exit and Freefall Date _____ C/I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/R/I _____
 Spot. and A/C Date _____ C/I _____

Adv. Criteria C/I Sign Lic.#

- Stability recovery w/in 5 secs. (2)
 (1) _____
 (2) _____

- Jump without FF supervision

- Barrel roll _____
- Backloop _____
- Frontloop _____
- Land w/o asst. w/in 50m _____
- Calculate opening point _____
- Participate w/jump run _____
- Category quiz Date _____

CATEGORY F

Exit and Freefall Date _____ C/I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/I _____
 Spot. and A/C Date _____ C/I _____

Adv. Criteria C/I Sign Lic.#

- Tracking sequence w/in 30 degrees (3)
 (1) _____
 (2) _____
 (3) _____
- Clear and pull (5,500') _____
- Clear and pull (3,500') _____

- 180-degree turns in deep brakes (4)
 (1) _____
 (2) _____
 (3) _____
 (4) _____
- Braked approach _____
- Land 25m w/o asst. (2)
 (1) _____
 (2) _____
- Pack w/asst. _____
- Check other jumper's gear _____
- Select spot _____
- Spot w/min. asst. _____
- Category quiz Date _____

CATEGORY G

Exit and Freefall Date _____ C/I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/R/I _____
 Spot. and A/C Date _____ C/P/I _____

Adv. Criteria C/I Sign Lic.#

- Redock from 10' w/o asst. (2)
 (1) _____
 (2) _____
- Redock w/adj. fall rate (2)
 (1) _____
 (2) _____

- Break-off at alt. w/o prompt _____
- Track 50' w/in 10 degrees _____
- Reverse canopy turns (4)
 (1) _____
 (2) _____
 (3) _____
 (4) _____
- Land 20m w/o asst. (2)
 (1) _____
 (2) _____
- Pack w/o asst. _____
- Spot w/o asst. _____
- Category quiz Date _____

CATEGORY H

Freefall Date _____ C/I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/R/I _____
 Spot. and A/C Date _____ C/P/I _____

Adv. Criteria C/I Sign Lic.#

- Swoop and dock w/min. asst. (2)
 (1) _____
 (2) _____
- Break-off at alt. w/o prompt _____
- Track 100' w/in 10 degrees _____

- 90-degree front riser turns (2)
 (1) _____
 (2) _____
- 180-degree front riser turns (2)
 (1) _____
 (2) _____
(Front riser turns may be waived if too difficult.)
- Land 20m w/o asst. (3)
 (1) _____
 (2) _____
 (3) _____
- Replace closing loop _____
- Assemble 3-ring _____
- Category quiz Date _____